

# MENTAL HEALTH AND WELLBEING

May 2013

# Outline

**Welcome and Introduction to HaringeyStat**

**Why mental health matters?** – local impact and national context

**Mental health in Haringey** – wider determinants that impact on mental health, assessing the overall need and describing demographics, current service use and activity

**Next steps** – what actions we are going to take in the short term and in the longer term

# Why mental health matters

# Burden of mental illness locally

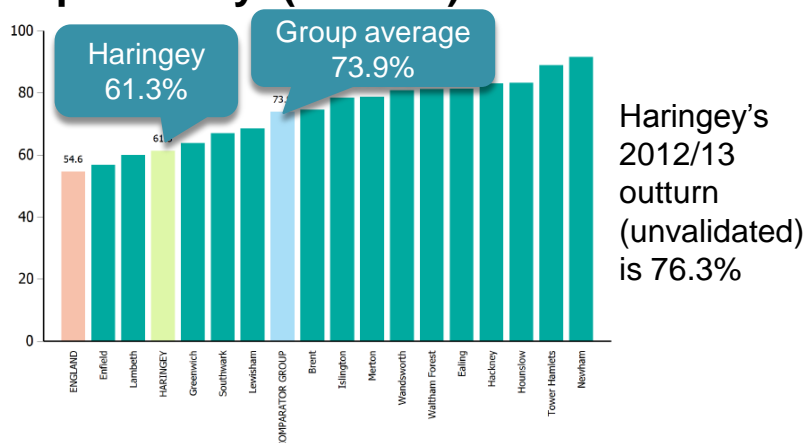
Children  
and young  
people

Working  
age

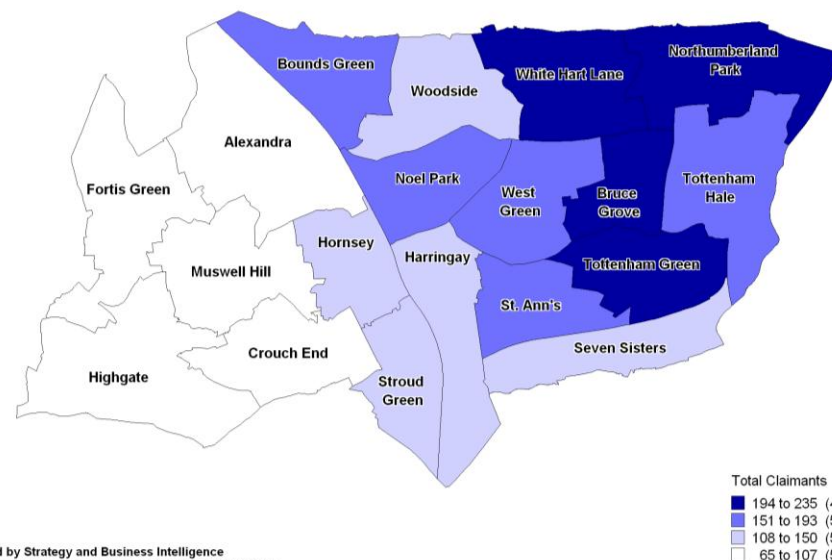
Older  
people

HaringeyStat

## % Adults in contact with secondary mental health services living independently (2011/12)

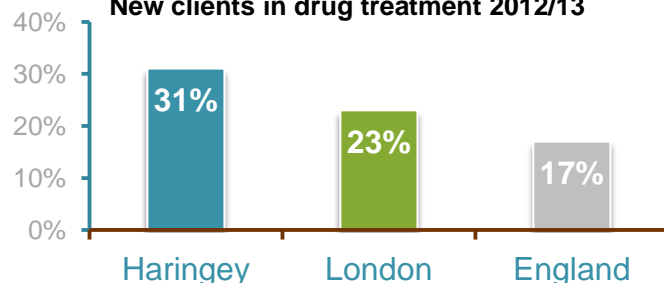


## Employment and Support Allowance claimants whose condition is “mental and behavioural disorders”



## % clients in drug treatment with dual diagnosis

New clients in drug treatment 2012/13



Source: National Adult Social Care Intelligence Service <http://nascis.ic.nhs.uk>

# Burden of mental illness locally

Children  
and young  
people

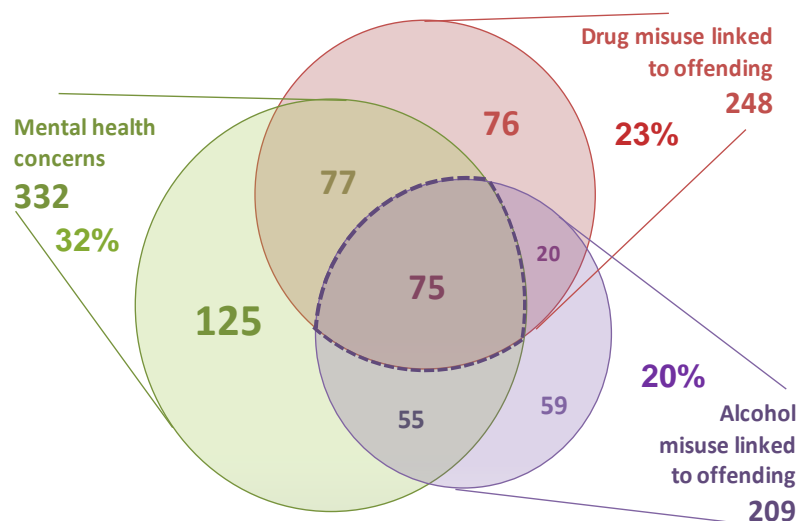
Working  
age

Older  
people

HaringeyStat

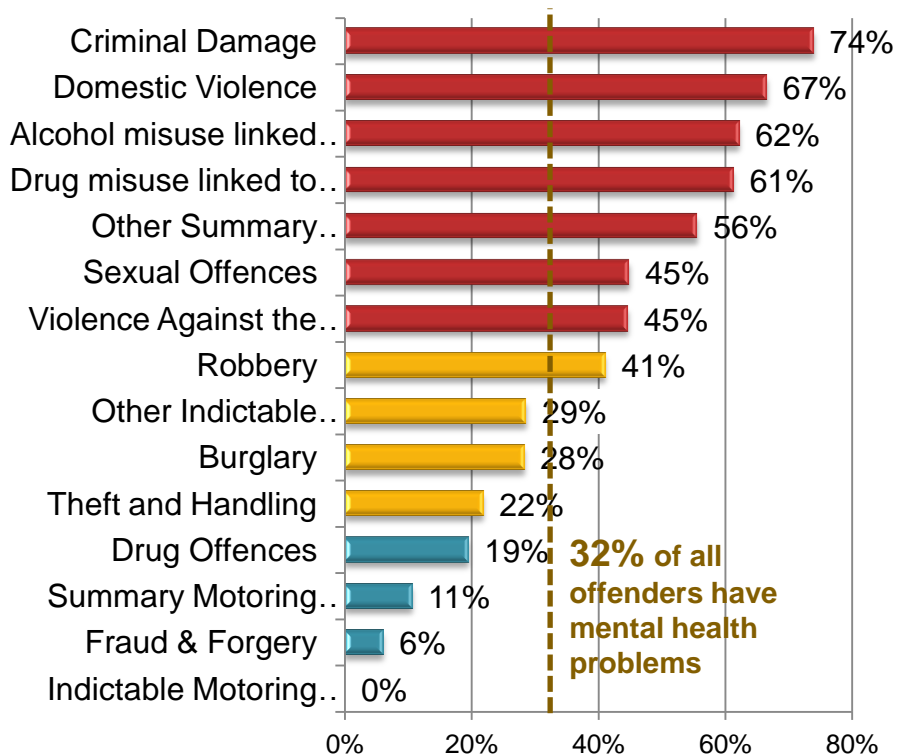
## Key issues linked to offending

(of the 1062 statutory offenders commencing probation Sep-Aug 2011/12)<sup>1</sup>



**207 offenders (19.5%) had mental health problems *and* substance misuse problems**

## Percentage of offenders with mental health problems (probation commencements Sep-Aug 2011/12)



Source: London Probation

# Anti-social behaviour

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

The Haringey Community Safety Partnership has improved the identification and management of vulnerable victims, including those with mental health issues, to ensure they receive the extra support necessary. This has lead to:

- significant reductions in ASB in some locations, specifically by those identified with mental health issues.
- One location recorded 352 fewer calls, down to 41 this year. Another location with a similar issue has seen 81 fewer calls for the same period.
- Substantial reductions have also been seen from St. Ann's Hospital
- Closer liaison between the Trust and the Police Mental Health Team has resulted in call volumes falling significantly from 218 to 47 this year.

# Burden of mental illness locally

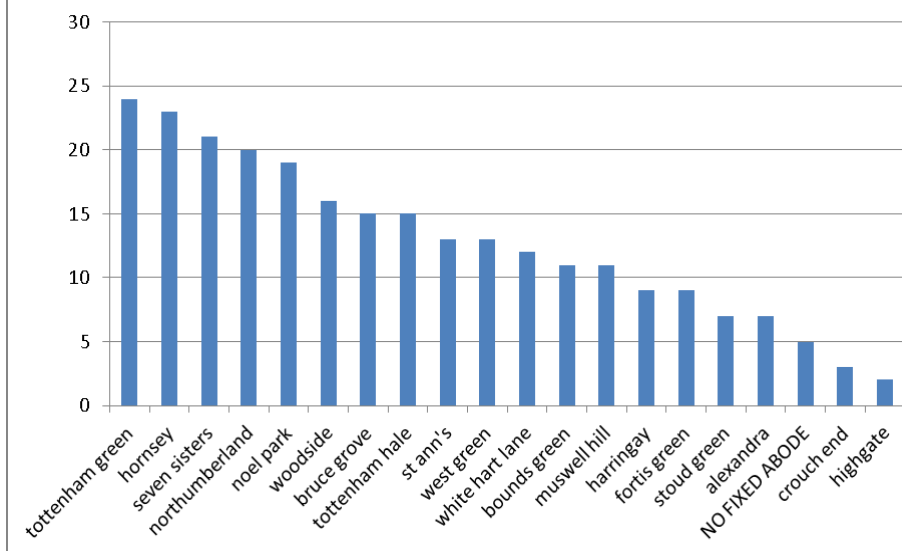
Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

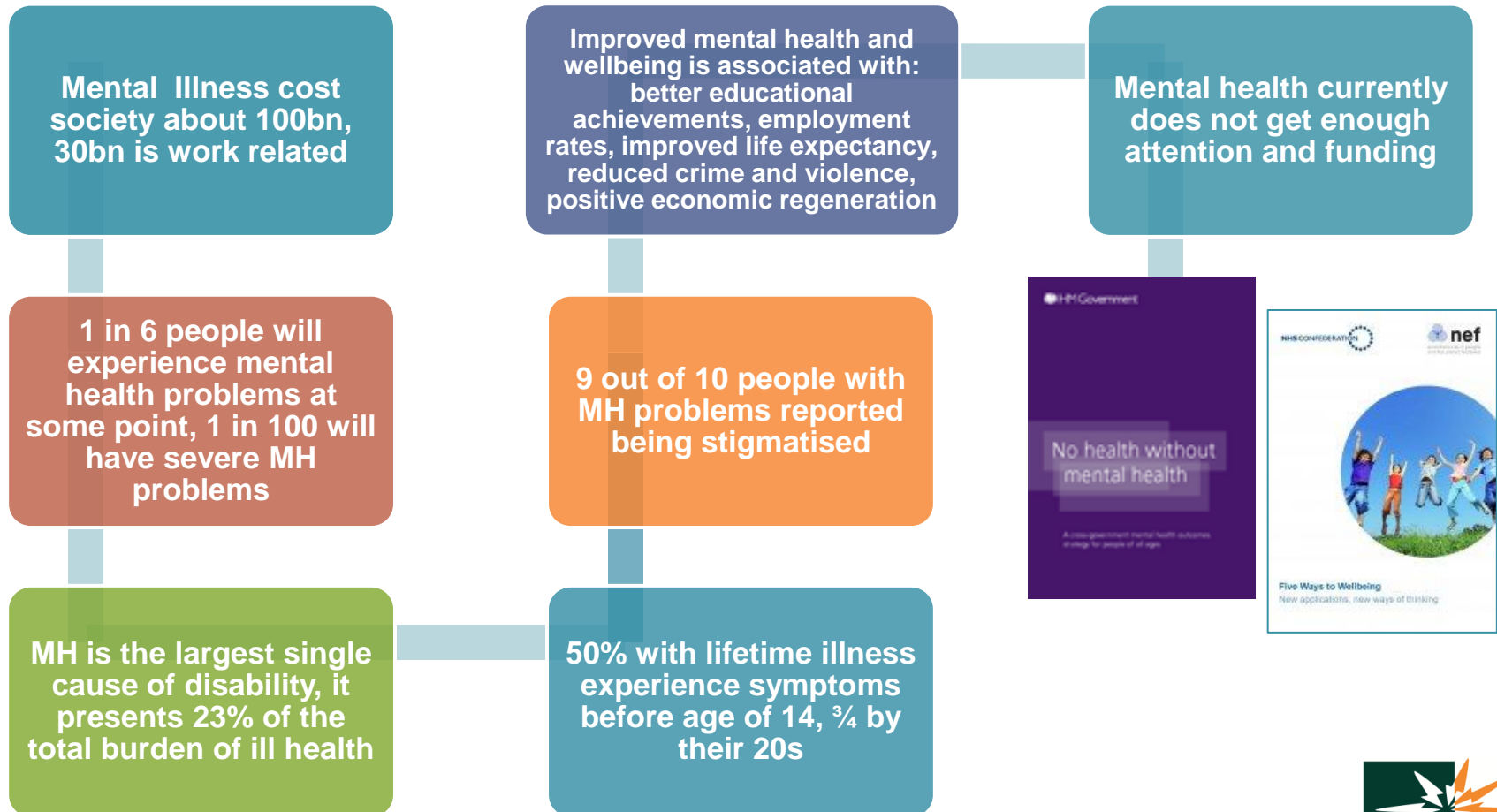
**Suicides by ward (2002-12)**



- Haringey's suicide rate is higher than London and England and especially for men;
- About 26 Haringey residents commit suicide each year;
- The highest numbers of deaths by suicide are in men aged 25-44
- In the last 10 years, 62% of suicides were people born in the UK compared to 34% born abroad (Afro-Caribbean, Eastern European) ;
- The majority of those who committed suicides were employed followed by 11% retired; 47% were single and 17% were divorced;
- 4.8% cases for whom information was available were known to a GP. Around three quarters had no contact with mental health services in the previous 12 months but 11% had diagnosis of mental disorder

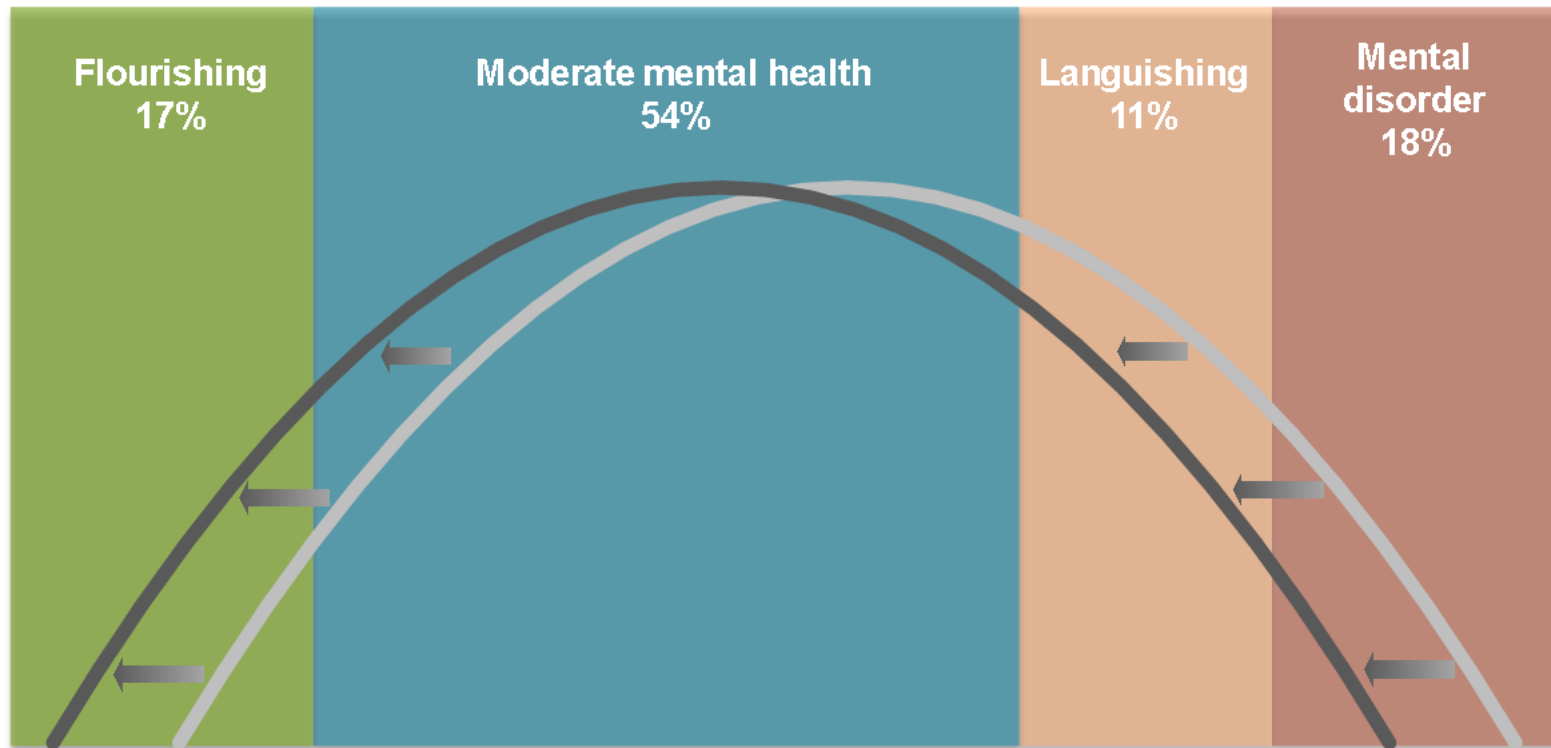
# Why mental health matters - nationally

HaringeyStat



# Population approach to mental health

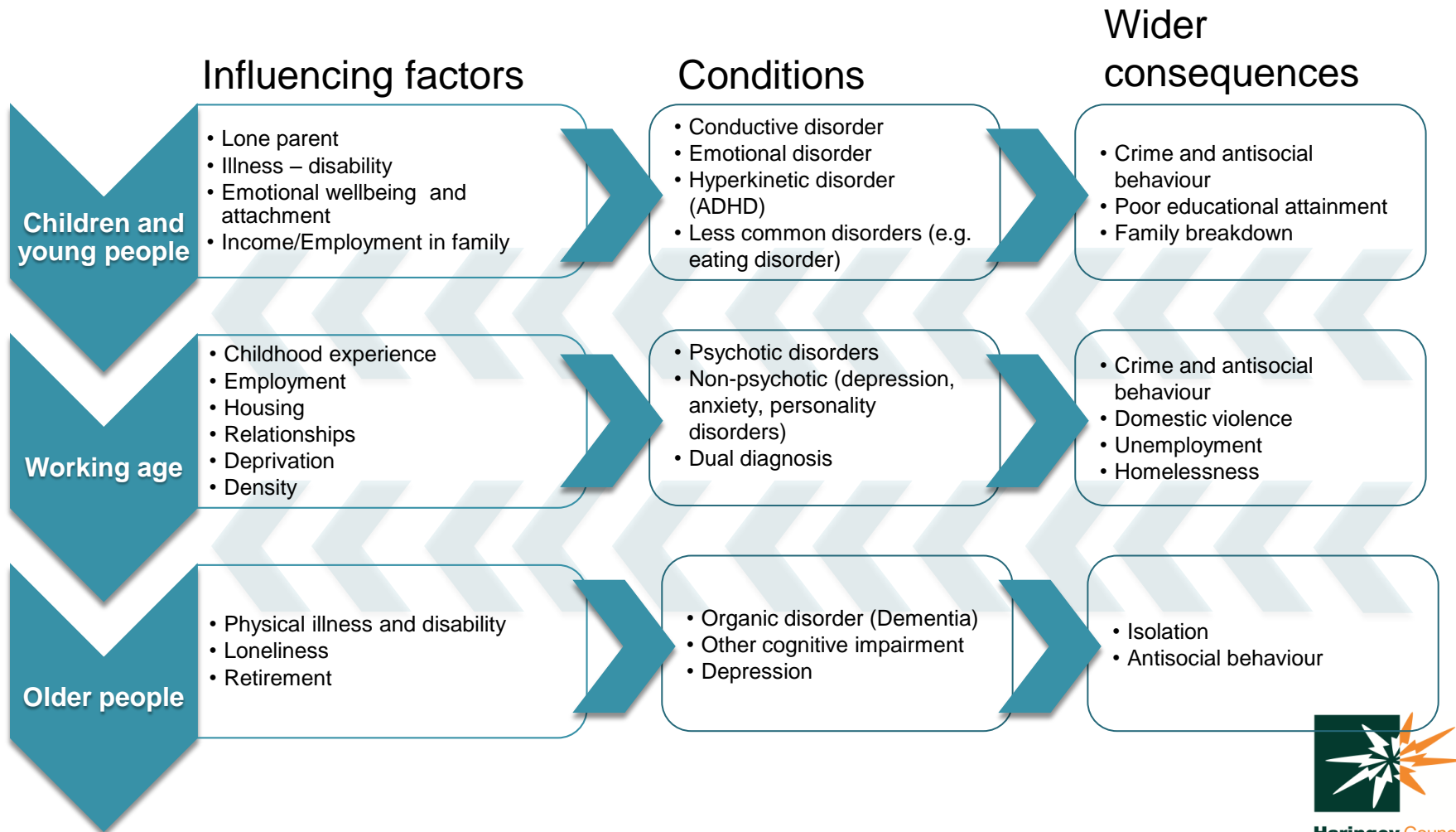
HaringeyStat



Source: Adapted from Huppert 2005: prevalence figures are from Keyes 2005

# From children to older people: impact across the life course

HaringeyStat



# Children and young people

# Key influencing factors for mental health in children and young people

Children  
and young  
people

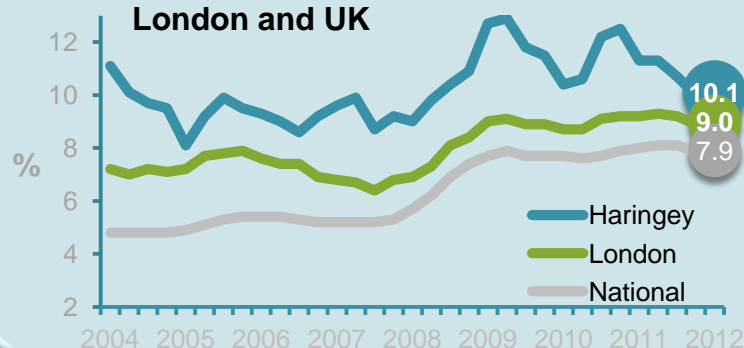
Working  
age

Older  
people

HaringeyStat

## Unemployment

Unemployment 2004-2012 in Haringey, London and UK



## Family environment

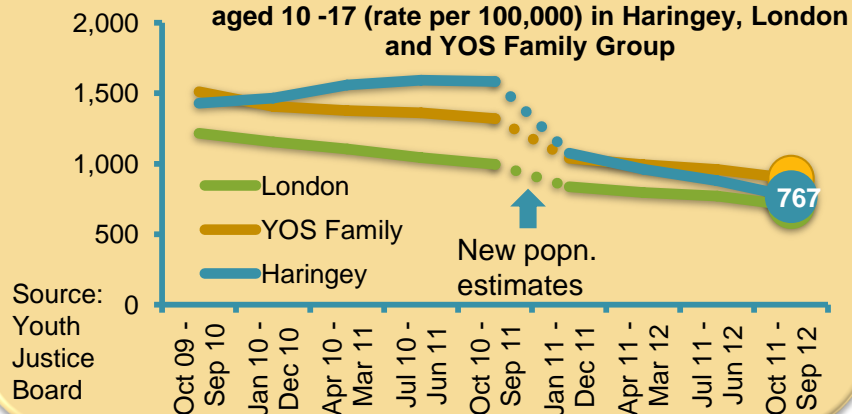
**10,647 lone parent households with dependent children.** Higher proportion of households with dependant children are lone parent households (34% compared to 28% in London)

**7,338 households with dependant children with no adults in employment.** Higher proportion of households with dependant children have no adults in employment (23% compared to 18% in London)

Source: 2011 Census

## Involvement in the criminal justice system

First time entrants to the youth justice system aged 10-17 (rate per 100,000) in Haringey, London and YOS Family Group



## Disability

**11,258 0-19 year olds have a long-standing disability (6,155 boys and 5,103 girls)**

# The level of need in Haringey (CYP)

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

**Prevalence estimates of all children 5-16 years of age with mental health problems in Haringey (Inner London prevalence)**

Condition	Prevalence	Estimate (3160)
Emotional disorder	3.1%	1139
Conduct disorder	4.5%	1653
Hyperkinetic disorder (ADHD)	1.8%	661
Less common disorder	0.7%	257

Source: Office for National Statistics, 2012. Green, H. et al (2004).

**The number of young people in Haringey rose by over a tenth between 2001 and 2011 (12% , N=5012). However the proportion of CYP of the total population decreased (1%)**

Boys are more likely to have conduct and hyperkinetic disorders and girls more likely to have emotional problems

575 children as of 31<sup>st</sup> March 2012

**Prevalence estimates for Looked After Children 2012**

Condition	Prevalence	Estimate (255)
Emotional disorder	11.7%	67
Conduct disorder	37%	212
Hyperkinetic disorder	7.3%	29
Less common disorder	3.7%	21

Source: Meltzer et al, 2003

# Children with statement for special educational needs in Haringey

Children  
and young  
people

Working  
age

Older  
people

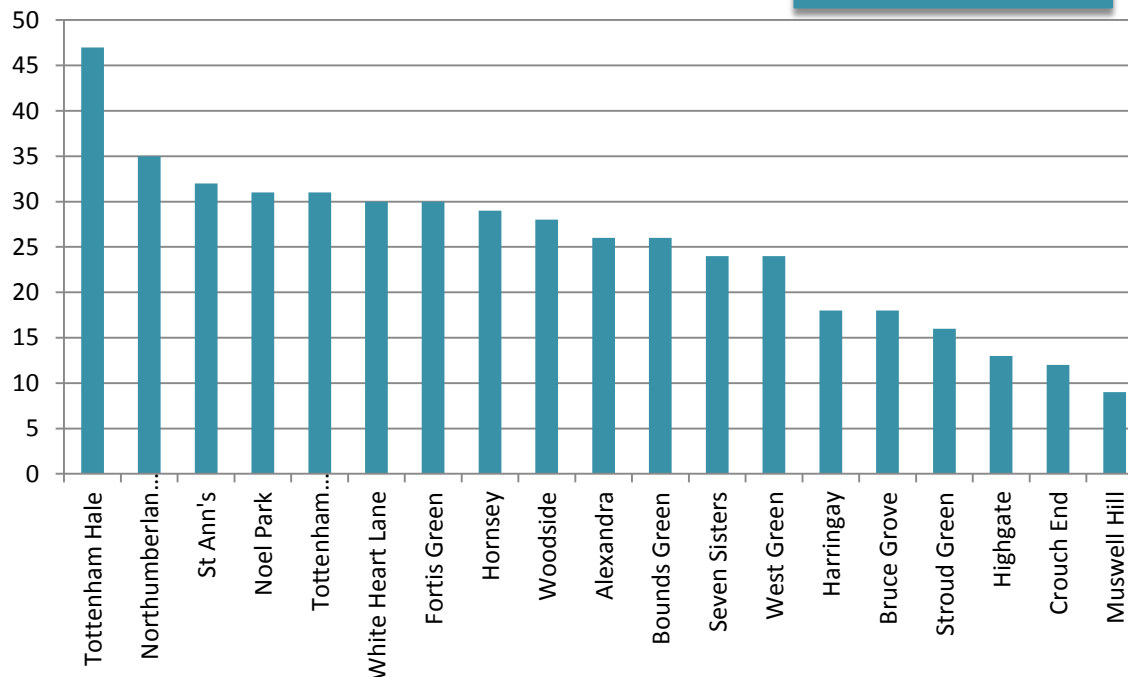
HaringeyStat

## Autism in children with statement, by place of residence

(491)

(2013, Haringey)

83% of children  
with autism are  
boys



- The most common primary diagnosis was autism (35%) followed by moderate learning difficulties (21%) and emotional, behavioural and social difficulties (12%)

# Access to mental health services (CYP)

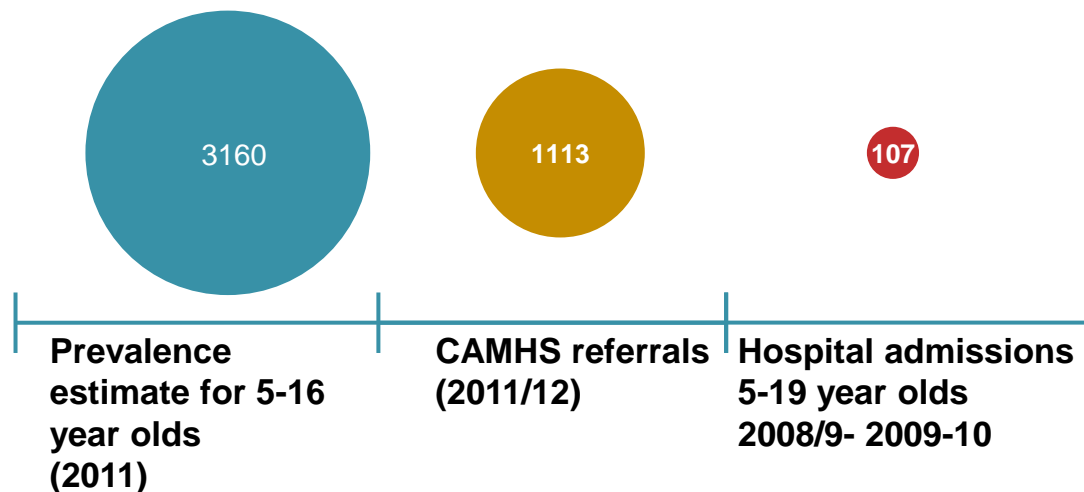
Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

## Prevalence estimates, CAMHS referrals and hospital admissions



### CAMHS REFERRALS

27% were Black British followed by White British (15%) and Turkish (7%)

Largest group aged 14-17 (40%) followed by 5-10 (31%) and 11-13 (23%).  
6% <5y

The majority of referrals come from the east of the borough (30% reside in N17, 19% in N15 and 18% in N22). There are higher numbers of young people in these areas, but they are overrepresented in referrals.

# Economic case for early prevention

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

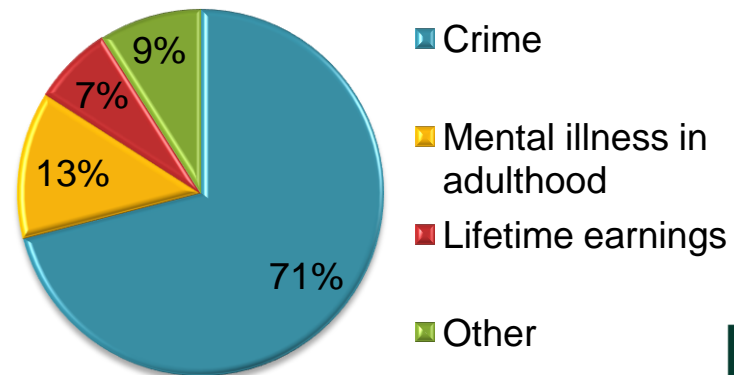
## Long-term outcomes associated with conduct disorder

	Crime (OR)	Smoking (OR)	Drug (OR)	Depression (OR)	Suicide (OR)
No problem (50%)	1	1	1	1	1
Some conduct problems (45%)	1.95	1.24	1.51	1.24	1.69
Conduct disorder (5%)	4.13	1.59	2.59	1.57	3.00

Boys are more  
likely to have  
conduct disorders  
than girls

## Lifetime cost of conduct disorders

Associated saving in  
lifetime cost is  
approx. **£230,000**  
per conduct disorder  
case prevented



# People of working age and older people

# Key influencing factors for mental health in working age and older people

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

## Marital status

33% of people are married compared to 39% in London and 46% in England and Wales.

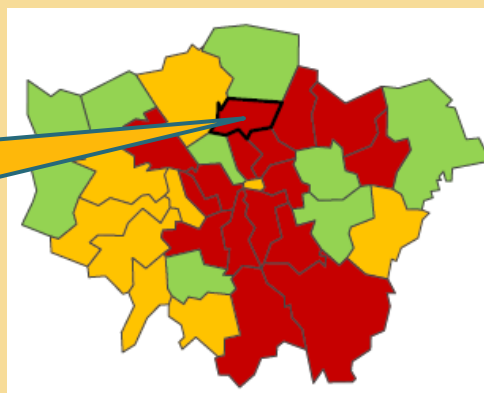
## Living alone

A lower proportion of people over 65 live alone (7.8% compared to 9.6% in London)

However, a higher proportion of all people live alone in (24% compared to 22% in London and 18% in England and Wales)

## Statutory homelessness

5.04  
per  
1,000



Source: DCLG

## Unemployment

85 out of 1,000 people of working age in Haringey are unemployed compared to 59 per 1,000 in England.

# The level of need in Haringey (Adults)

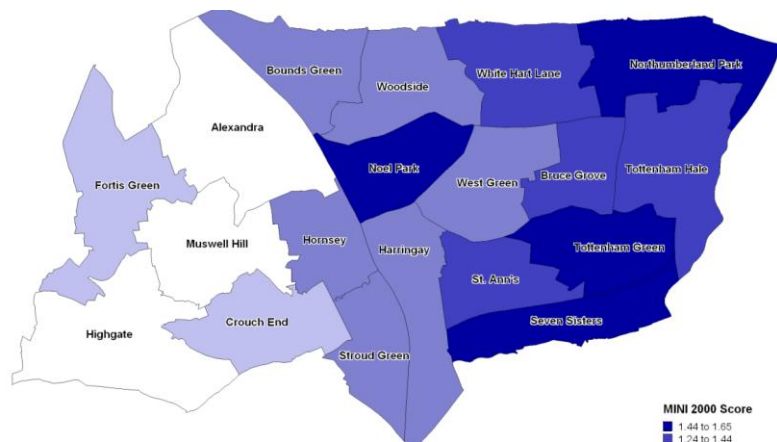
Children  
and young  
people

Working  
age

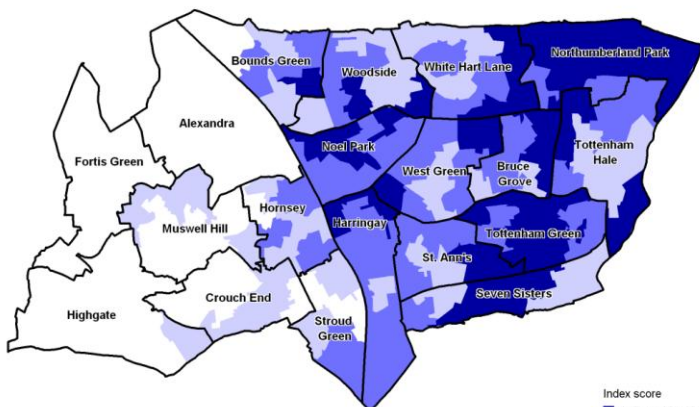
Older  
people

HaringeyStat

## Mental Health Needs Index (Mini 2000)



Index score of how likely people are to suffer from Schizophrenia  
100 = National Average, Higher score = More likely  
Haringey Super Output Areas  
MOSAIC 2010



Produced by Business Intelligence /  
Policy, Intelligence and Partnerships  
© Crown copyright. All rights reserved  
LBH (100019199) (2012)

## Estimated prevalence of non-psychotic disorders in Haringey

Condition	Estimated number of people locally
Mixed anxiety and depression	15, 962
General anxiety	10, 072
Depression	6, 667
All phobia	4, 159
OCD	2, 941
Panic disorder	1, 593
<b>Total</b>	<b>34, 485</b>

Source: Mental Health Observatory,  
NEPHO

5 in 1,000 people over 16 years of  
age live with psychotic disorder.  
Estimated 1000 people locally



Haringey Council

# Access to mental health services: non-psychotic disorders - depression

Children  
and young  
people

Working  
age

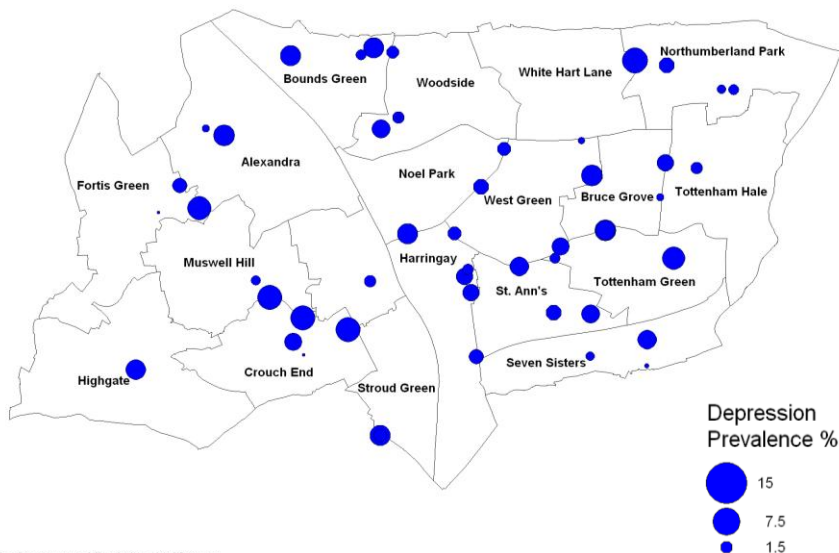
Older  
people

HaringeyStat

## Diagnosed depression in primary care (15, 849)

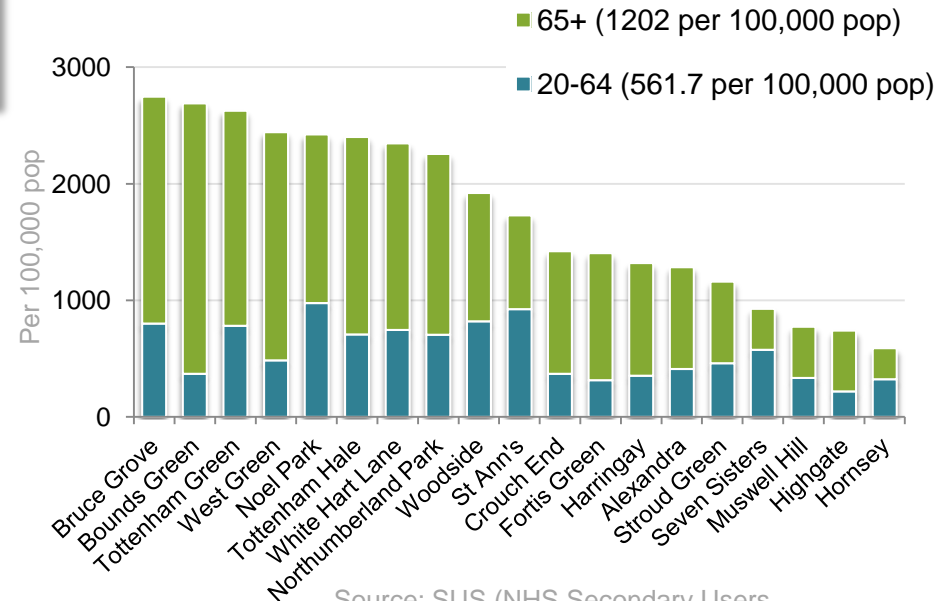
% of registered patients, Haringey July 2012

6,295 cases in west (9%)  
9,540 in east (6.7%)



## Depression related hospital admissions by ward (1,147)

Hospital admissions 2011/12 Haringey (Excluding BEH MH Trust)



Source: SUS (NHS Secondary Users Service)

# Access to services: IAPT services for mild to moderate depression and/or anxiety

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

IAPT = Improved Access to Psychological Therapies; Whittington Health

37% White British

28% White other

16% Black African  
/Caribbean/Other

Female  
70%

Male  
30%

47% White British

22% White other

13% Black African  
/Caribbean/Other

**4112**  
people  
referred



**2271**  
received  
treatment



**1620**  
completed  
treatment

# Access to mental health services: psychotic disorders

Children  
and young  
people

Working  
age

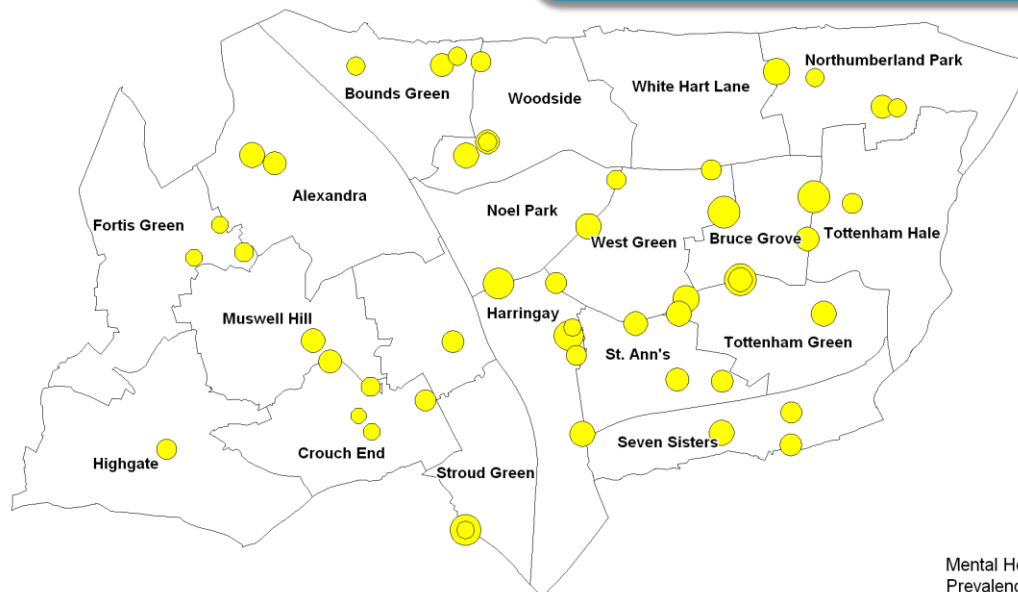
Older  
people

HaringeyStat

## Diagnosed psychotic disorders in primary care (3,381) % of registered patients, Haringey July 2012

Mental Health Prevalence by GP practice  
Quality and Outcomes Prevalence Data  
July 2012

917 cases in west (1.2%)  
2,462 in east (1.7%)



Source: QoF 2012

Mental Health  
Prevalence

- 2.4
- 1.2
- 0.24

## Hospital admissions (DSR)

2009/10 to 2011/12

Excluding BEH MH Trust

Haringey

41

160

London

37

103

England

32

57

Unipolar  
depressive  
disorders DSR  
2009/10 to  
2011/12

Admissions for  
schizophrenia,  
schizotypal and  
delusional  
disorders

Source: Community Mental Health  
Profile 2013

# Access to BEH Mental Health Trust: hospital admissions

Children  
and young  
people

Working  
age

Older  
people

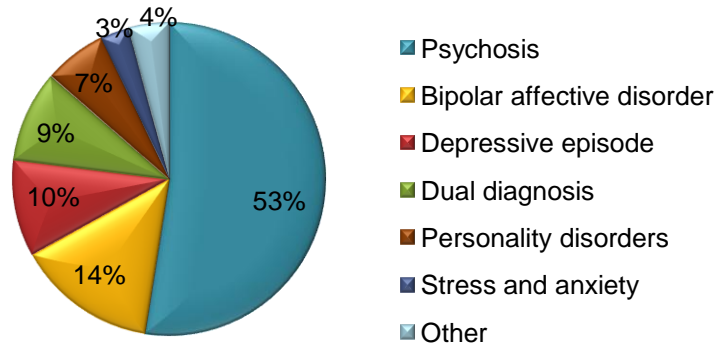
HaringeyStat

632 admissions for  
approx. 480 patients

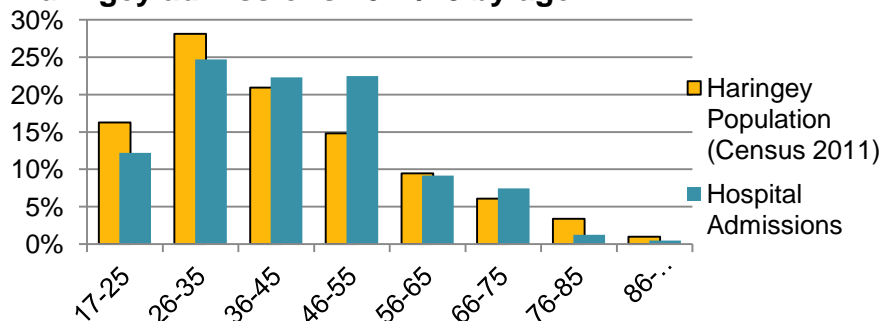
Average length of stay  
was 40 days

44% of admissions  
under MHA Section  
were for people from  
Black or Black British  
origin compared to  
28% of other  
admissions

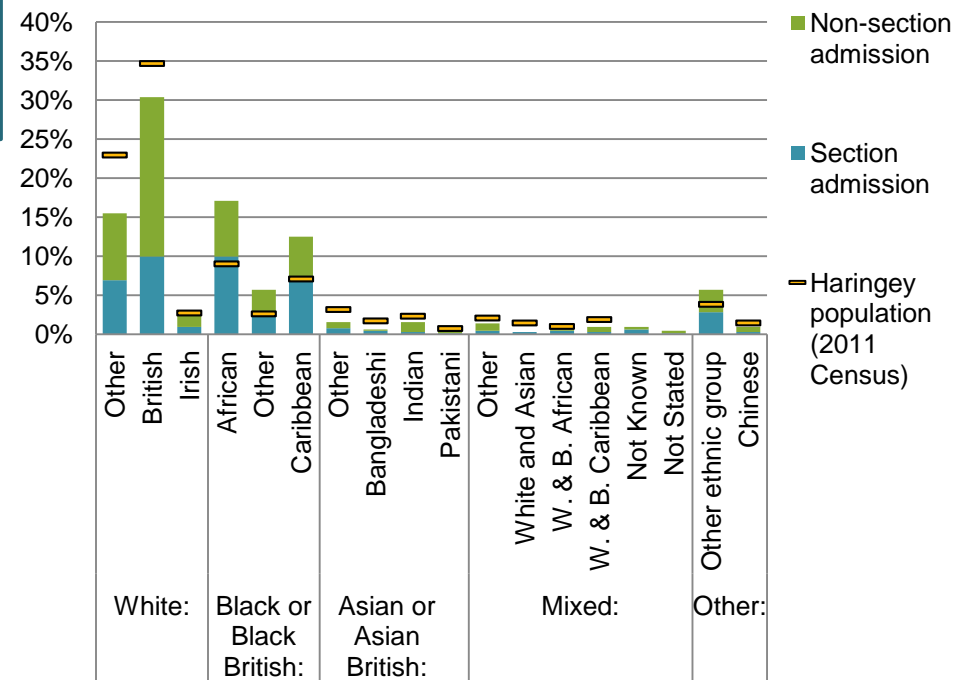
## Most common diagnoses



## Haringey admissions 2012/13 by age



## Haringey admissions 2012/13 by Mental Health Act status and ethnicity



# Access to BEH Mental Health Trust:

outpatient, day care and community activity

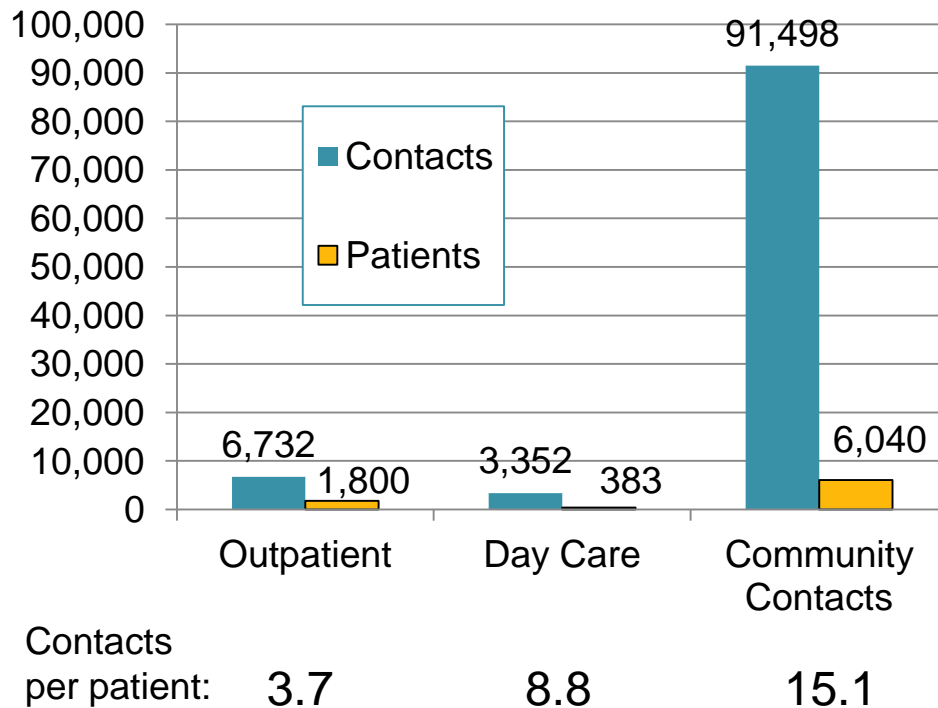
Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

## Number of contacts vs. number of patients



### DAY CARE

9% new cases and 91% follow-up

Most common diagnoses were psychosis (50%) and depression (7%).

Large proportion (17%) did not have specific diagnoses

### OUTPATIENT CONTACTS

5% new cases and 95% follow-up

Most common diagnoses were psychosis (67%), dementia (7%), depression (6%) and dual diagnosis (4%).

# Access to community care services

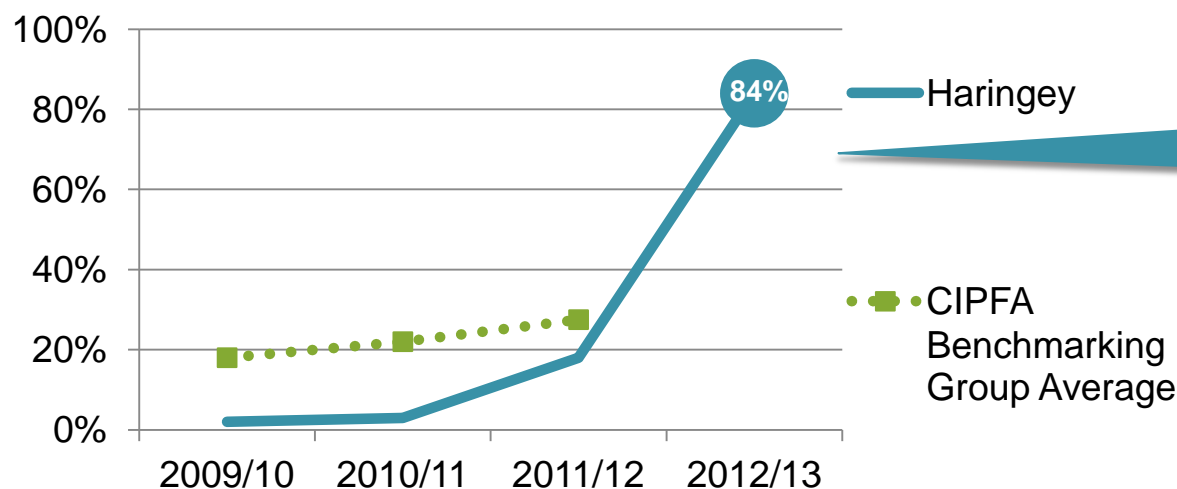
Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

## % Mental Health service users on Self Directed Support ("Personal budgets")



There were 309 MH clients aged 18-64 receiving self directed support in 2012-13 compared to 61 in 2011-12. This represents a 406% increase

# Access to residential care and supported accommodation

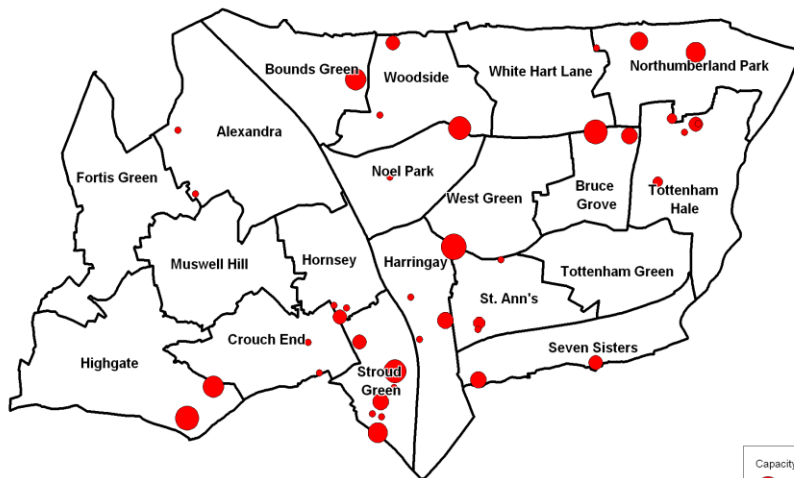
Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

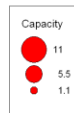
## Mental health supported housing providers by capacity (2011)



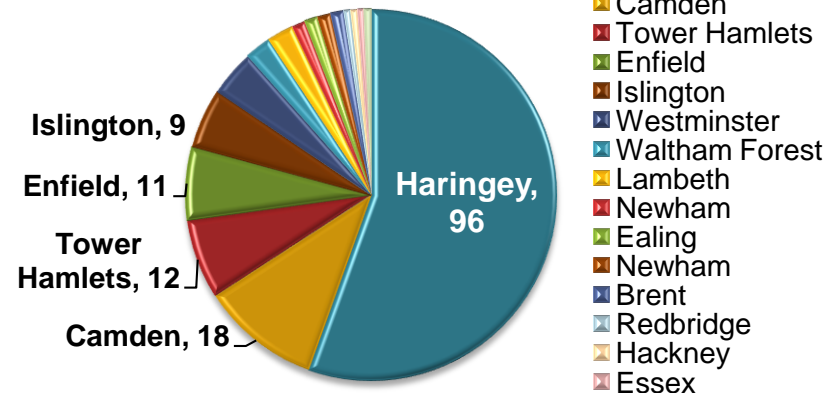
Produced by Business Intelligence / Policy, Intelligence and Partnerships  
© Crown copyright. All rights reserved LBH (100019199) (2011)

95% of known  
capacity utilised

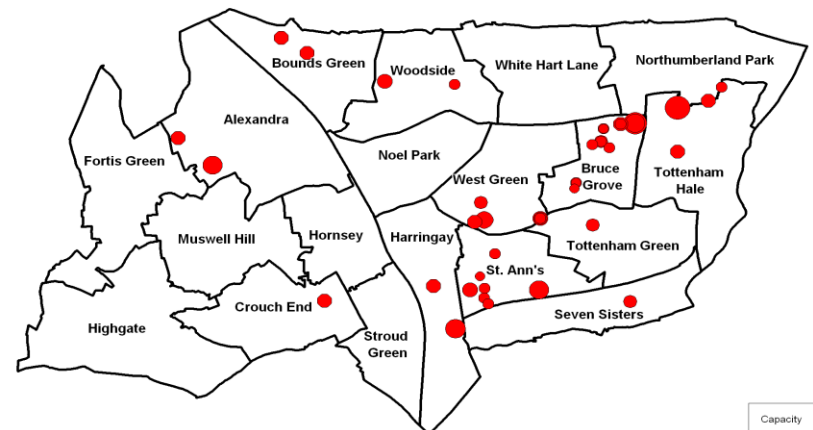
225 beds available,  
only 100 used by LBH



## Funding authority for mental health residential placements in Haringey



## Mental health residential homes by capacity (2011)



Produced by Business Intelligence / Policy, Intelligence and Partnerships  
© Crown copyright. All rights reserved LBH (100019199) (2011)



# Supported accommodation

Children  
and young  
people

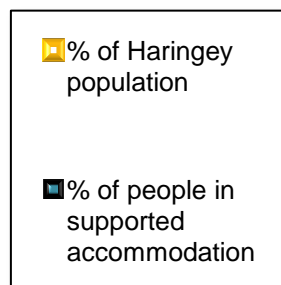
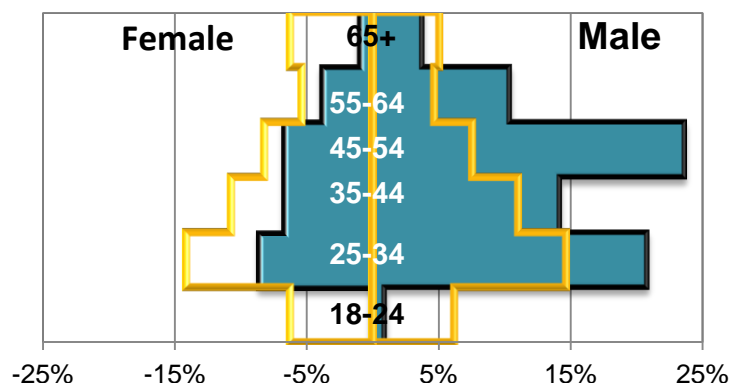
Working  
age

Older  
people

HaringeyStat

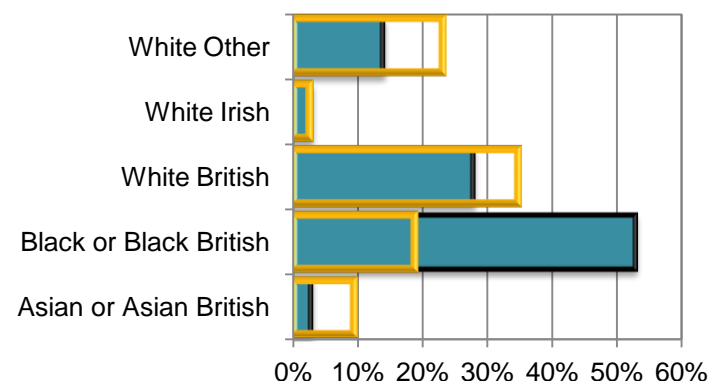
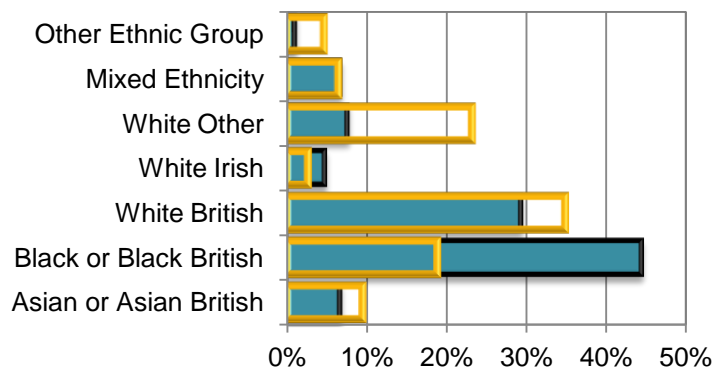
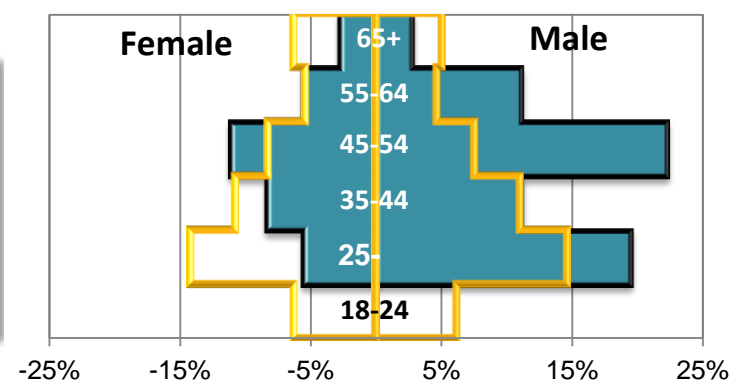
## Supported Housing (Housing Related Support)

Over 100 units, running at nearly 100% capacity



## Supported Living (private providers, places funded by Haringey Adult Services)

77 units , Haringey Adult Services uses about 95% of known capacity.



# Discussion & Action Points

# Service landscape

# Services for children and young people

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

## Haringey Continuum of Need (CAMHS)

### Tier 4

Highly specialised outreach team  
In patient unit  
Residential joint funded placement

### Tier 3 - as below plus:

Community mental health services  
including child psychiatry  
Educational Psychologists  
Behaviour Support/Inclusion teachers  
PSC and specialist units/schools

Specialist CAMHS

4  
High threshold  
3  
Targeted & Coordinated

CAMHS Single  
Point of Access

### Tier 2 – as below plus:

Mental health workers  
CAMHS – training, advice, consultation  
Youth offending service  
LBH funded projects  
TAMHs

2b  
Targeted outside Universal Services

2a  
Targeted within/alongside Universal Services

CAF Panel

### Tier 1

School staff including Teachers, SENCOS,  
Universal Health Teams including  
Midwives, GPs, Health visitors,  
School Nurses,  
Youth workers, Connections  
workers, etc

1  
Universal

Services provided by practitioners  
working in universal settings (who are  
expected to build resilience & promote  
mental health

Programmes supporting this:  
Healthy Child, Parenting Support  
Healthy Schools, PSE/SEAL  
TAMHS pilots, PSU



Haringey Council

# Funding for mental health services for children and young people

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

## Haringey 2011/12 expenditure (£'000)

	NHS	LA	JOINT COMMISSIONING
BEH	2,900		200 (LD with mental health co-morbidity)
Open Door	116	46	
Tavistock & Portman	300	390 (LAC)	

NHS spend per head in Haringey is £218 compared to £78 in London and £61 in England (2010/11)

Source: NHS Programme Budgeting

## VFM – SEN Benchmarking; weekly cost per day pupil



# Services for working age and older people

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

INTAKE /  
Primary Care  
Mental Health  
Teams

Integrated  
community  
mental health  
teams – Adults

Early  
Intervention  
Service

Wellbeing Team

Substance  
Misuse services  
– including Dual  
Diagnosis

Improving Access  
to Psychological  
Therapies (IAPT)  
– Whittington  
Health

Acute care beds  
(50)

Forensic  
Services –  
Forensic  
Service

Specialist beds  
for eating  
disorders (20)

Complex Care  
Team

**Care in the  
community**

Community  
Support and  
Recovery Team

Home  
Treatment Team

**Acute Care**

Recovery beds  
(7)

Memory Clinic  
and CMHT for  
older people

Community  
Rehabilitation  
Team

Residential care

Acute  
Assessment  
Centre

Supported living  
services

Supported  
housing

Advocacy

# Funding of services for working age adults and older people

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

## Haringey 2013/14 budget (£ '000)

	NHS	LA
BEH	29,000	1,790
Other MH Trusts	1,200	
Commissioned services		17,200
Provided services		1,300
IAPT	2,200	
Voluntary sector	150	1,100
MET Police	50	
Prevention		200

NHS spend per head in Haringey is £267 compared to £255 in London and £212 in England (2010/11)

Source: NHS Programme Budgeting



Haringey Council

# BEH Trust benchmarking 2011/12

Children  
and young  
people

Working  
age

Older  
people

HaringeyStat

Inpatient beds benchmarking for **working age people** show that the Trust has:

- a low number of beds (22.4 per 100,000 population)
- high admissions (296 per 100,000 population)
- average lengths of stay above the national median (36 days)
- fairly high delayed transfers of care
- very low readmissions

## What are residents telling us?

In a national survey of NHS MHTs, most scores for BEHMHT were similar to the national apart from low scoring on: user involvement, help with accommodation and benefits

Inpatient beds for **older people** show that the Trust has:

- a low number of beds
- low admissions
- low length of stay
- low delayed transfers of care
- low readmissions